

Wilson Memorial High School Emerald Regiment

Band Camp Itinerary – July 23-28, 2017

Sunday, July 23

NOTE: Kitchen crew and volunteers can arrive as early as 2:00 PM to assist HR staff cleaning the kitchen and getting our food brought in and put away.

3:00 PM - Arrive at WMHS for inspection and loading.

3:30 PM - Load band truck and equipment

each person allowed one suitcase and one carry-on. (girls may choose to use hairdryers and curling irons in groups)

4:00 PM - Depart WMHS

5:00 PM - Arrive at Highland Retreat. HR phone number (540) 852-3226 for parents to contact in case of emergency. Move in and eat dinner.

6:30 PM –Set up rehearsal spaces and rooms. Go over dining room rules and duties.

7:30 PM – Rehearsal.

10:00 PM - Curfew. Remember, we have chaperones that also need to sleep as they are preparing your morning breakfast before you get up. Please follow all rules regarding curfew and lights out. This is a working camp, not a play and prank camp. Foolish pranks will be dealt with severely and may result in a trip home for students involved.

10:30 PM - Lights out!

Monday, July 24

7:30 AM - Breakfast served in lower dining area.

8:00 AM – Captains are encouraged to use this time for stretching and body warm up

8:30 AM – Full Band stretching and Marching & Maneuvering fundamentals.

9:15 AM - Music & Drill on the field will be worked together. Each person will be supplied with music & 3 drill chips, set of drill charts for those who cannot download the DBN Reader App. You will need to supply a pencil and your instrument. NOTE: marching and drill will be done with tennis shoes only, NO sandals or bare feet. Please come prepared. Breaks will be built in as needed. You may wish to have a cooler filled with water.

12:00 Noon - Lunch

1:00 PM - Music rehearsal in lodge. Guard and Drumline will work outside.

2:00 PM – Sectional work. Each section will have 50 minutes on your own. We will rotate around to each section to assist with individual needs. This is music rehearsal. If Captains would like time to work on fundamentals, work it out with section leaders. Mr. Baracrough and Sarah may work with sections as needed.

2:50 PM – Break for all

3:00 PM – Drill and field work for all. Possible drill down at 3:45

4:00 PM - Evening break – Pool is open for us until 5:15

5:00 PM - Dinner in the lower dining area.

6:00 PM - Music & Drill on the field

9:00 PM - Free time.

10:30 PM - Curfew

11:00 PM - Lights out!

Tuesday, July 25

7:30 AM - Breakfast served in lower dining area.
8:30 AM - Marching & Maneuvering fundamentals.
9:15 AM - Music & Drill on the field.
12:00 Noon - Lunch
1:00 PM - Music rehearsal in Lodge.
2:00 PM – Sectional work. Each section will have 50 minutes on your own.
2:50 PM – Break for all
3:00 PM – Drill and field work for all. Possible drill down at 3:45
4:00 PM - Evening break - Pool is open for us until 5:15
5:00 PM - Dinner in the lower dining area.
6:00 PM - Music & Drill on the field
9:00 PM - Free time.
10:30 PM - Curfew
11:00 PM - Lights out!

Wednesday, July 26

7:30 AM - Breakfast served in lower dining area.
8:30 AM - Marching & Maneuvering fundamentals.
9:15 AM - Music & Drill on the field.
12:00 Noon - Lunch
1:00 PM - Music rehearsal in Lodge.
2:00 PM – Sectional work. Each section will have 50 minutes on your own.
2:50 PM – Break for all
3:00 PM – Drill and field work for all. Possible drill down at 3:45
4:00 PM - Evening break - Pool is open for us until 5:30
5:00 PM - Dinner in the lower dining area.
6:00 PM - Music & Drill on the field
9:00 PM - Free time.
10:30 PM - Curfew
11:00 PM - Lights out!

Thursday, July 27

7:30 AM - Breakfast served in lower dining area.
8:00 AM – Captains are encouraged to use this time for stretching and body warm up
8:30 AM - Marching & Maneuvering skills
9:00 AM - Music & Drill on the field
11:30 AM – Move out of lodge and load truck
12:00 Noon – Lunch
1:00 PM – Load up and Depart Highland Retreat
2:00 PM – Arrive at WMHS

We will all help unload at Wilson and prepare for rehearsal the next day. I may ask a few leaders to hang and line the field for the Friday rehearsal.

Friday, July 28

- 1:00 PM – Final rehearsal for this week, but at WMHS
- 5:30 PM – Picnic meal with parents in courtyard outside of band room. This is covered dish. Parents, please plan to bring a dish to share as well as chairs.

What to bring to camp:

1. Cool clothing for 5 days (tennis shoes for marching), 1 warm outfit lodge has AC.
2. swimsuits (the retreat does not allow bikinis, one-piece suits only!)
3. Towel(s)
4. Sleeping bag or bedding for a twin bed. Lodge rooms are 7 to a room. 3 bunk beds, but one of them has a double bed on the bottom.
5. Pillow
6. Toiletries
7. Footballs, Frisbees, soccer balls. The field is there, let's use it!
8. Band instrument
9. Pencil
10. Ipods, mp3 players, etc.. There will be noise restrictions. Please abide or music will be confiscated.
11. Rain gear

There is a game room in our lodge equipped with pool table, ping pong, carpet pool, and foosball. You may wish to bring other outdoor activities with you (football, frisbee, etc.)

We may not use pool outside of scheduled times due to lifeguard schedule. Sorry!

REMEMBER TO RETURN YOUR EMERGENCY FORM BEFORE YOU ARRIVE!!!

Directions to Highland Retreat Summer Band Camp

Begin on Interstate 81 North
take exit 257 (Broadway/Mauzy exit)
at end of ramp turn left (go back over I81)
after I81 bridge turn right toward Broadway, continue about 4-5 miles
in Broadway, turn left onto Rt. 259 north (toward Fulks Run/Mathias, WV)
continue through Broadway, and go about 20 minutes.
You will pass a road on your left that leads to Bergton/Criders.
Highland Retreat will be on your right soon after that road.
HR has 2 entrances, you want the first one.

We are staying in Red Oak Lodge at the top of the Property. Follow road all the way up.